

Fundamental Knowledge of Abhidhamma

(Lessons – 7 - Ten Unwholesome Courses of Actions)

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Threefold actions

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- *Kamma*, translated as action, is to be performed.
 - Doors (*dvāra*) are media through which kamma is performed.
1. Bodily action (*Kāyakamma*) – (the door of the body (*Kāyadvāra*)
= bodily intimation (*Kāyaviññatti*) – a type of mind-produced material phenomenon by which a person expresses. {through the medium of the body, a volition arisen in the mind}
 2. Verbal action (*Vacīkamma*) – (the door of speech(*Vacīdvāra*)
= bodily intimation (*Kāyaviññatti*) – a type of mind-originated material phenomenon by means of which volition is expressed verbally}
 3. Mental action (*Manokamma*) – (*Manodvāra*) only in the mind (*Manasmiṃ yeva*), without reaching intentional expression through body or speech.

Ten Unwholesome courses of actions

(*Akusalakammapatha*)

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1. *Pāṇātipāta* – killing
2. *Adinnādāna* – stealing
3. *Kāmesu micchācāra* – sexual misconduct

Bodily actions (Kāyakamma) – as they generally occur through the door of the body (Kāyadvāra)

4. *Musāvāda* – false speech
5. *Pisuṇavācā* – slandering
6. *Pharusavācā* – harsh speech
7. *Samphappalāpavācā* – frivolous talk

Verbal actions (Vacīkamma) – as they generally occur through the door of speech (Vacīdvāra)

8. *Abhijjhā* – Covetousness
9. *Byāpāda* – ill will
10. *Micchādiṭṭhi* – Wrong view

Mental actions (Manokamma) – as they generally occur only in the mind without (bodily or vocal) intimation (Viññatti)

Ten Unwholesome courses of actions

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The first seven courses are identified with the **volition** initiating an effort to accomplish the respective action.

Such **volition** is an unwholesome kamma regardless of whether or not it completes the action, but if it does reach completion of the action and achieves its aim (e.g. the death of the intended victim, the appropriation of another's property, etc.) then it becomes a full course of action.

The characteristic of a full course of action is being a kamma **with the potency** to take on the rebirth-generating role.

The Roots of Ten Unwholesome courses of actions and Twelffold unwholesome consciousness

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(1) Three actions spring from the root of hatred.

1. *Pāṇātipāta* – killing (1)
2. *Pharusavācā* – harsh speech (6)
3. *Byāpāda* – ill will (9)

(2) Three actions spring from the root of greed.

1. *Kāmesu micchācāra* – sexual misconduct (3)
2. *Abhijjhā* – Covetousness (8)
3. *Micchādiṭṭhi* – Wrong view (10)

(3) Four actions spring from the two roots of greed and hatred.

1. *Adinnādāna* – stealing (2)
2. *Musāvāda* – false speech (4)
3. *Pisuṇavācā* – slandering (5)
4. *Samphappalāpavācā* – frivolous talk(7)

Eigher greed or hatred.

Accoding to the classes of consciousness this unwholesome kamma is altogether twelffold.